



**Kitsap County EMS and Trauma Care Council**  
**Spinal Motion Restriction**  
**Skills Check Sheet**

Name \_\_\_\_\_ Date \_\_\_\_\_

Scenario \_\_\_\_\_

Skill / Performance Step	Performed Correctly
*Takes or verbalizes appropriate standard precautions (BSI).	
*Directs assistant to maintain manual stabilization of the head.	
Perform a rapid trauma assessment.	
*Assesses motor, sensory, and circulatory functions of the extremities.	
Perform SAMPLE history and vital signs if appropriate (for the particular scenario).	
Verbalizes need for spinal motion restriction.	
*Correctly applies the appropriately sized cervical collar.	
Determines need to place the patient on a rigid extrication device. (scoop stretcher, long spine board, etc.)	
*Assist the patient onto the EMS stretcher while ensuring minimal spinal movement.	
*Remove any unnecessary rigid extrication device once the patient is on the EMS stretcher.	
*Secure the patient to the EMS stretcher with adequate seatbelts and strapping	
*Reassess motor, sensory, and circulatory functions of the extremities after the patient is secured to the EMS stretcher.	
Verbalizes appropriate transport mode and destination.	
Verbalizes or performs any follow-up assessment or actions as appropriate.	

**Critical Criteria**

- Failure to take or verbalize appropriate standard precautions (BSI).
- Failure to direct assistant to maintain manual stabilization of the head.
- Failure to assess motor, sensory, and circulatory functions of the extremities.
- Fails to correctly apply the appropriately sized cervical collar.
- Failure to remove any unnecessary rigid extrication device once the patient is on the EMS stretcher.
- Does not secure the patient to the EMS stretcher with adequate seatbelts and strapping
- Failure to reassess motor, sensory, and circulatory functions of the extremities after the patient is secured to the EMS stretcher.
- Does not ensure minimal movement of the spinal column.

Evaluator Name: \_\_\_\_\_

**Printed**

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**Signature**