





## Destination Policy for Cardiovascular Patients

CHAPTER:	2000	Number:	2060	APPROVED:	3.14.2020
REPLACES:	New Policy				
Last Revised:		REVIEW:			
APPROVED:			Joe Hoffman, Medical Program Director		
APPROVED:			John Oliver, Chair		

### I. PURPOSE

To designate destination hospitals for patients with cardiovascular emergencies, specifically stroke and myocardial infarction, and maximize the best possible outcomes.

### II. POLICY:

All patients with the assessment of stroke/CVA and/or myocardial infarction will be transported to a designated hospital as specified in Washington State DOH Stroke and Cardiac Categorization System.

### III. PROCEDURE:

#### A. STROKE

1. It is required for a patient who has had the onset of stroke symptoms within the last 5 hours to be included under this policy for thrombolytic therapy.
2. It is required for a patient who has had the onset of stroke symptoms within the last 23 hours with a LAMS score 4-5 to be included under this policy for LVO therapy.
3. Calls to base station and/or the receiving hospital should declare this patient as a “Code Neuro”.
4. Designation Hospitals (within 5 hours of onset/last known well):
  - a. Patients east of Hwy 3 and Hwy 16 junction – St. Joseph Medical Center.
  - b. Closest highest stroke categorized hospital
  - c. Otherwise, all other stroke patients - Harrison Medical Center
5. Designation Hospitals (within 23 hours of onset/last known well with a LAMS score 4-5):
  - a. Patients east of Hwy 3 and Hwy 16 junction – St. Joseph Medical Center
  - b. Closest highest stroke categorized hospital
  - c. Otherwise, all other stroke patients - Harrison Medical Center



## Destination Policy for Cardiovascular Patients

---

### **B. MYOCARDIAL INFARCTION**

1. It is required for a patient with signs and symptoms of a myocardial infarction AND a POSITIVE 12 Lead ECG to be included under this policy.
2. Calls to base station and/or the receiving hospital should declare this patient as a “STEMI Activation”.
3. Designated Hospitals:
  - a. Closest highest cardiac categorized hospital
  - b. Otherwise, all STEMI patients to Harrison Medical Center.  
with care as directed on page 26 “Chest Pain/Acute Coronary Syndrome” in NW Region EMS Patient Care Protocols.
4. Administer Ticagrelor (Brilinta) 180 mg P.O.