




Destination Policy for Cardiovascular Patients

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APPROVED:			Joe Hoffman, Medical Program Director		
APPROVED:	Jeff Faucett		Jeff Faucett, Chair		

I. PURPOSE

To designate destination hospitals for patients with cardiovascular emergencies, specifically stroke and myocardial infarction, and maximize the best possible outcomes.

II. POLICY:

All patients with the assessment of stroke/CVA and/or myocardial infarction will be transported to a designated hospital as specified in Washington State DOH Stroke and Cardiac Categorization System.

III. PROCEDURE:

A. STROKE

1. It is required for a patient who has had the onset of stroke symptoms within the last 5 hours to be included under this policy for thrombolytic therapy.
2. It is required for a patient who has had the onset of stroke symptoms within the last 23 hours with a LAMS score of 4-5 to be included under this policy for LVO therapy.
3. Calls to the base station and/or the receiving hospital should declare this patient a "Code Neuro."
4. Designation Hospitals (within 5 hours of onset/last known well):
 - a. Patients east of Hwy 3 and Hwy 16 junction – St. Joseph Medical Center.
 - b. Closest highest stroke categorized hospital.
 - c. Otherwise, all other stroke patients - St. Michael's Medical Center.
5. Designation Hospitals (within 23 hours of onset/last known well with a LAMS score of 4-5):
 - a. Patients east of Hwy 3 and Hwy 16 junction – St. Joseph Medical Center.
 - b. Closest highest stroke categorized hospital.



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- c. Otherwise, all other stroke patients – St. Michael's Medical Center

B. MYOCARDIAL INFARCTION

1. It is required for a patient with signs and symptoms of a myocardial infarction AND a POSITIVE 12 Lead ECG to be included under this policy.
2. Calls to base station and/or the receiving hospital should declare this patient as a "STEMI Activation."
3. Designated Hospitals:
 - a. Closest highest cardiac categorized hospital
 - b. Otherwise, all STEMI patients will go to St. Michael's Medical Center, with care as directed on page 26, "Chest Pain/Acute Coronary Syndrome" in NW Region EMS Patient Care Protocols.
4. Administer Ticagrelor (Brilinta) 180 mg P.O.

Signature: 

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Final Audit Report

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